



February 2007

**Quote of the Month**

**"The future belongs to those who believe in the beauty of their dreams."**

Eleanor Roosevelt

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# Cougar Chronicles

## Word In The Halls

The University of Houston Residence Halls Association is dedicated to providing entertaining programs for residents as well as advocating on their behalf. Our larger scale programs include Beauty Bowl, The Heartbreaker Dance, and some of the events during Resident Appreciation Week, but we also can provide funding to events on your floor. Contact your RA if you're interested in a position on your floor council, where you can help decide what programs you want to bring to your community.

At every General Assembly meeting (held every-other Tuesday), we have open forums where student concerns are voiced, recorded, and brought to the administration. We can help you with many of the concerns that arise from living on campus, and even if we can't help fix it, we can point you in the right direction. Keep an eye out for our fliers and our own newsletter, Hall Happenings, to keep in touch on what RHA can do to improve life in The Halls.

Micah Kenfield

RHA President

## Become A Resident Assistant



**Applicants are encouraged to attend 1 of the following information sessions.**

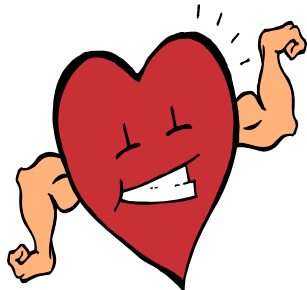
<b>Cougar Place</b>	<b>Moody Towers</b>	<b>Quadrangle</b>
Jan. 29th @ 9 pm	January 20th @ 7 pm	Feb. 1st
713-743-6047	713-743-6050	713-743-6040
Community Lobby	Moody Towers Commons	OB East Media Room

*Impacting today for tomorrow.*



**Applications are due by Feb. 16th @ 5 pm to OB #250.**

## In The Know...



Cardiovascular diseases, including stroke, are our nation's No. 1 killer. To urge Americans to join the battle against these diseases, since 1963 Congress has required the president to proclaim February "American Heart Month." (Note this is not "Heart Month" or "National Heart Month.")

The American Heart Association works with the administration to draft and sign this annual proclamation.

During American Heart Month, thousands of our volunteers visit their neighbors. Their goal is to raise funds for research and education and pass along information about heart disease and stroke.

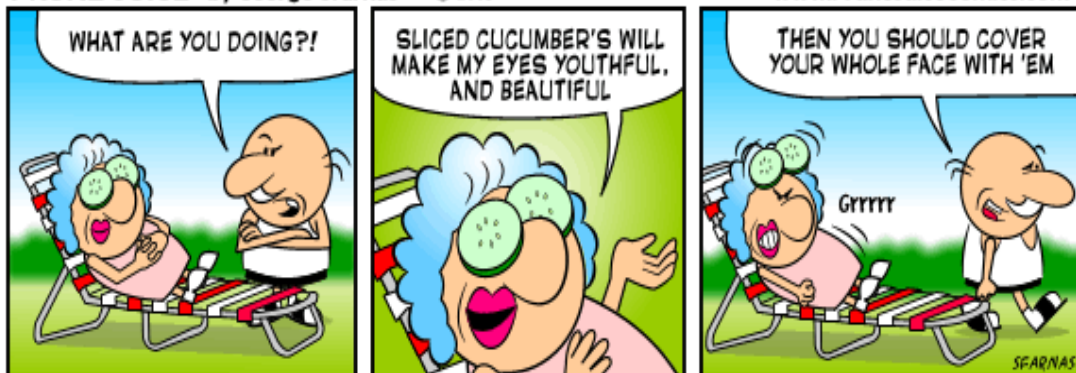
For more information contact your local AHA office.

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Houston, TX 77054  
phone: (713) 610-5000  
fax: (713) 610-5200



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## Top 10 Love Quotes

**1) Mark Twain**

Love is the irresistible desire to be irresistibly desired.

**2) Ralph Waldo Emerson**

Thou art to me a delicious torment.

**3) Mother Teresa**

If you judge people, you have no time to love them.

**4) Aristotle**

Love is composed of a single soul inhabiting two bodies.

**5) Helen Keller**

The best and most beautiful things in this world cannot be seen or even heard, but must be felt with the heart.

**6) Roy Croft**

I love you, not only for what you are, but for what I am when I am with you.

**7) Ingrid Bergman**

A kiss is a lovely trick, designed by nature, to stop words when speech becomes superfluous.

**8) Rabrindranath Tagore**

He who wants to do good knocks at the gate: he who loves finds the door open.

**9) Sir Winston Churchill**

Where does the family start? It starts with a young man falling in love with a girl - no superior alternative has yet been found.

**10) Kahlil Gibran**

It is wrong to think that love comes from long companionship and persevering courtship. Love is the offspring of spiritual affinity and unless that affinity is created in a moment, it will not be created for years or even generations.



## Kids Say The Funniest Things...

One summer evening during a violent thunderstorm a mother was tucking her small boy into bed. She was about to turn off the light when he asked with a tremor in his voice, "Mommy, will you sleep with me tonight?"

The mother smiled and gave him a reassuring hug. "I can't, dear," she said. "I have to sleep in Daddy's room."

A long silence was broken at last by his shaky little voice: "The big sissy."

## QUICK CHEF: Grill Chipotle Shrimp

- 2 limes, 1 cut into wedges and 1 juiced
- 2 chipotle peppers in adobo sauce, plus 2 tablespoons of adobo sauce from the can
- 1 tablespoon grill seasoning, such as McCormick Montreal Steak Seasoning
- 1/4 cup extra-virgin oil (EVOO), plus more for drizzling
- 16 jumbo shrimp, peeled and deveined
- 1 thick slice of bread, crust trimmed
- 1 garlic clove, smashed and peeled
- One 28-ounce can of fire-roasted tomatoes
- 1/2 chopped red onion
- 1/3 seedless cucumber, peeled and chopped
- 2 jarred piquillo peppers or jarred roasted red peppers
- 2 celery ribs from the heart and their leafy tops, chopped
- 2 teaspoons Worcestershire sauce
- 1-3 teaspoons of hot sauce, depending on how hot you like your gazpacho
- 2 tablespoons cilantro or flat-leafed parsley
- Salt

### DIRECTIONS

1. Preheat a grill or a grill pan to medium-high. In a food processor bowl, combine the lime juice, chipotles, adobo sauce and grill seasoning. Turn the processor on and add 1/4 cup of the EVOO in a thin stream and process until smooth. Pour the smoky marinade onto a plate and return the processor bowl to its base without rinsing it out. Add the shrimp to the marinade, toss and let it hang out for 10 to 15 minutes.
2. Drizzle the bread with EVOO, then grill until lightly toasted, 1 to 2 minutes on each side. Rub the garlic all over the bread. Chop the bread and add it to the food processor with the tomatoes, onion, cucumber, piquillo peppers, celery, Worcestershire sauce, hot sauce and cilantro and a little salt. Pulse the food processor to blend the soup until it reaches the consistency you like. (Heads up: If you have a small food processor, you may need to blend the gazpacho in 2 batches.)
3. Grill the shrimp until cooked through, 2 to 3 minutes on each side. Serve 4 shrimp alongside each bowl of gazpacho with a lime wedge to squeeze into the soup.



And you too can prepare this meal in 30 minutes!

## Important Dates

- **February 13th** - Last day to drop a course or withdraw without receiving a grade.
- **March 26th** - Priority Room Sign up begins
- **April 1** - Priority deadline for fall 2007 financial aid
- **May 2 through 20th** - Final Exam Period
- **May 11th** - Residence Halls close at 12 noon.

